

fact sheet...



The number one reason most companies implement wellness programs is to control healthcare costs. Successful programs have proven valuable for other reasons as well such as:

- *Reducing costs and lost time related to short term disability;*
- *Reducing costs and lost time related to Worker's Comp injuries;*
- *Improving productivity;*
- *Creating a positive, healthy workplace; and*
- *Demonstrating the employer's concern for its employees.*

The Wilson Agency, LLC is a local leader in designing and implementing successful employee wellness programs.



Results-Oriented Wellness Program Consultation



A Results-Oriented Employee Wellness Program should consist of a series of benchmarks created after careful research and thoughtful design. **The Wilson Agency can help you find a third party solution that is available to all employees regardless of their participation in an insurance plan.** Your Wilson Agency Advisor is here to assist you in developing the key elements of your wellness program with a goal of shifting your employee's mindset to one of prevention through education. The end result can positively impact the quality of health, life and workplace productivity amongst employees. Research has shown that unhealthy habits lead to chronic health conditions and there is a direct correlation between the number of risk factors a person has and his or her health care costs.

Once you have a well-designed, year-round strategy for your Employee Wellness Program, The Wilson Agency's Worksite Wellness Coordinator will:

- Assist in creating a cohesive wellness team;
- Attend wellness team committee meetings;
- Provide a well-executed communication schedule and proto-type materials such as posters, flyers, e-mail templates, and other items to help promote the initial start of the program;
- Assist in the development of meaningful incentives that drive employee engagement;
- Promote the use of a Health Risk Assessment to create awareness of health risks and suggest options for teachable moments;
- Schedule seminars for on-going education on wellness topics;
- Provide **outcomes measurement** with routine reports on your company's overall health and lifestyle risk factors;
- Facilitate an employee survey based on your request for information;
- Keep you abreast of new data and information on ROI; and
- Provide effective, on-going communication materials for distribution to keep employees interested and active in the program.

For more information contact: **The Wilson Agency, LLC**
Phone: (907) 277-1616 Fax: (907) 274-7011

www.thewilsonagency.com or email deenier@thewilsonagency.com